



Merrick Road Lynbrook, NY 11563
516-593-1424

INTERNET VERSION 04/17

INDIVIDUAL REGISTRANT ENROLLMENT GUIDE

Thank you for your interest in our Roller Hockey League. We are looking forward to the next season and want **YOU** to be a part of it.

Roller Hockey participants can enroll in the League one of two ways. Either they can enroll individually and be placed on a League formed team or be part of a Team Registration and join the league with a pre-formed team. The information contained on this information sheet pertains to those registrants who are joining the League as an individual with no team affiliation. *You may play up in an age division, but not down.*

Every participant must fill out the following forms and submit them, along with full payment:

**'League Registration Form for an Individual'
'Hockey Waiver & Acknowledgment' Form
'Player Self-Evaluation Form'**

If there is a request for a player enrolling as an individual to be placed on a League formed team with another individual registrant, the League Management will make every reasonable effort to honor that request. No registrant may make that request a condition of their enrollment of the League.

League supplied Game jerseys will be given out by your first game. Choice of style, numbering or color is not possible. You must keep the same number throughout the season.

To fully register you must submit a fully completed (and legible) 'Individual Registration Form', 'Hockey Waiver & Acknowledgment' Form and 'Player Self-Evaluation Form' along with the **Individual Registration Fee of \$230**. Registration is on a first come first serve basis. **Space is limited.**

Age Divisions (you may choose to play in an older age group, but never a younger):

ADULT ONLY

The completed forms and full payment must be brought to the league office in person along with a copy of your birth certificate (or Drivers License in the case of an adult). Payment may be made by cash or check (payable to: Premier Roller Hockey at Hot Skates)

The 'Facility Rules & Conduct' / 'General League Rules' sheet briefly highlight rink/league policies and acceptable conduct. Please read it thoroughly. The league bases it's rules according to the 'Official Rules of Premier Roller Hockey at Hot Skates'. These rules are posted conspicuously in the league office and given to each coach before their first game. We made every effort to address both the 'common' and 'not so common' issues that may arise during hockey activities. If unaddressed issues emerge we will make every effort to address those situations in a 'fair' manner.

We are looking forward to a successful season. **GOOD LUCK!**

GENERAL LEAGUE RULES

*LEAGUE RULES ARE BASED ON THE PRINTED
"RULES OF
PREMIER ROLLER HOCKEY at HOT SKATES"*

League Intent: The object of the league is to provide a competitive, recreational, non-checking roller (in-line) hockey program.

Scheduling: Activities will be rescheduled or delayed (at league's discretion) only if the facility/league is unable to host them. Team/Individual requests for game rescheduling can not be honored one schedule is created. The league reserves the right to reschedule any games and/or playoff games on any day or time slot it chooses.

Game Length: Game consists of two 24 minute periods (unless otherwise indicated) separated by a short break. Game clock is continuously run and is only 'stopped' for major injury incidents and at the referees discretion. If any game is within 1 goal within the last 2-minutes of the second period, the clock will be stopped during stoppage of play. One 60 second time out per team during regulation time. During regular season games, a tie after regulation will result in a 5-minute overtime period.

Forfeits: Games play five on five (plus fully equipped goalie) and will forfeit the game if they have less than five players 'suited up' at scheduled game time. A five minute 'grace' period will be permitted.

Warm-Ups: Under normal circumstances a five minute warm-up period will be allotted on the rink surface prior to the start of the game. To help prevent injuries, participants should stretch on the off rink area prior to entering the rink surface and not rely on possible warm-up periods.

Team Roster: No more than 15 players may be on a team's roster. Only rostered players are eligible to play. Rosters are frozen upon the start of the teams' third game unless league provisions are made to the contrary.

Equipment: Participants must wear the following **MANDATORY** safety equipment at all times: Regulation Hockey Gloves (palms & fingers not exposed) / Helmet with Full Face Guards (no half shields or any Mylec helmets) / Internal Mouth Guard (piece) / Elbow Pads / Shoulder Pads / Knee/Shin protection and Athletic Cup (males). Protective Hip/Girdle pads and Hockey Pants are **strongly recommended**. Goalies must wear full equipment. Only HECC certified equipment will be permitted. All protective equipment must be in use during game play and practices.

Skates: In-line and traditional Quad roller skates are permitted. All Skates must be rink-safe, meaning that their use at the rink must not gash, indent or blemish the skating surface or any other surface in the building. (No marking brakes and axle bolt system must be flush to frame) All players, including goalies must be wearing skates. Soft composition wheels are recommended for a firm grip.

Referees: There will be at least one referee per game. In most instances, especially during adult games there will be two referees. They will make every effort to fairly enforce the rules of the game. The game rules are designed for the safety of all players, fair play and sportsmanship. The referee must always discourage actions contrary to the spirit of the game and forcefully penalize any deliberate act of aggression. Refereeing is a thankless job, please be respectful to their position and the burden of their work.

Penalties: Minor Penalties result in a 2 minute stay in the penalty box. Major Penalties result in a 5 minute stay in the penalty box. Gross Misconduct results in ejection, game suspension and possible expulsion.

Conduct: Any person who is on the Hot Skates premises must abide by certain common sense rules of safety and conduct. It is our objective to provide the safest possible venue for hockey activities. In order to do that everyone must act in a responsible manner and not put themselves or others in a potentially dangerous situation. Please refer to the '**Facility Rules & Conduct**' information on the other side of this page.

FACILITY RULES AND CONDUCT

The following are rules/responsibilities which will help maintain the finest, most competitive Indoor Roller Hockey League & Facility. **Noncompliance with these rules will result in suspensions, expulsions and monetary penalties.** Not only is it the obligation of the participants to follow these rules, but the obligation of participants to inform their spectator guests of the rules and their penalties. Additionally, all references to Hot Skates in this and other printed materials refer to the premises located at 14 Merrick Road, Lynbrook.

The league/facility rules are important in order to be able to provide a fun, safe atmosphere for all. The program is only as good as it's participants. Though you are paying a fee for the privilege of using the facility, we expect you to understand this doesn't give you the right to ignore the rules or be abusive when being reminded of the rules. If any rule is broken the League has the right to sanction the player/team at it's own discretion any penalties or remedies available. Any confrontational incident or violation of law will force us to take actions resulting in legal and/or law enforcement involvement. Also any expressions of ethnic, religious or racial bias will not be tolerated.

It is to everyone's benefit to have a well run facility and program. We hope that you understand our commitment to providing you, the hockey enthusiast with the finest in Indoor Roller Hockey.

EVERYONE:

- 1 - When entering the building please use the front glass doors facing Merrick Road. When the inner lobby doors are closed please check in at the office window to gain entrance. If those inner doors are closed, the building might not be open yet for hockey. The doors facing the parking lot are to be used for exiting only.
- 2 - There will be no alcoholic beverages, whether opened or unopened allowed in the building or parking lot. This is a safety, health and liability issue. Violators must leave the premises. Teams will face expulsion if any of their players or spectators bring alcohol on the property.
- 3 - We will not be responsible for any lost, stolen, damaged or misplaced articles (including vehicles). Items that fit in a locker should be locked up. Other items should not be left unattended.
- 4 - All children must be supervised by their parents prior to, during and following all activities on premises. Only registered participants with activities scheduled that day are permitted to have skates on in the building.

WHILE SPECTATING:

- 5 - Do not hit, push against or hang on the glass surrounding the hockey surface. It is real glass, capable of breaking and very heavy. Penalties for breaking/damaging the glass panels will be severe, not to mention such breakage could cause serious injuries.
- 6 - The low wall surrounding the hockey surface was designed as a barrier and it not to be used as seating or a ledge. For your own safety, do not place any items on these surfaces and do not sit/climb/jump on (from) them or place a child on the ledge.
- 7 - Bathrooms are located near the gameroom and are available anytime there is hockey play. We expect, as adults that you will use these facilities and not the floor. Please keep the bathrooms clean.
- 8 - Garbage receptacles are located throughout the facility. Please dispose of any used tape, cans, bottles or any other garbage in these receptacles, not the floor.
- 9 - Do not pass drinks or any other liquids to anyone on the skating surface. Spills are dangerous. Coaches/Players may take drinks to the bench area when they enter the surface from the gameroom entrance. No liquids are allowed on the skating surface.
- 10 - Do not place hands or body parts under the safety netting. Its purpose is to shield spectators and prevent injuries.

PARTICIPANTS:

- 11 - It is mandatory and the player's responsibility to wear FULL protective hockey equipment for any hockey play (this includes practice/rental time). If you are on the skating surface, you are required to wear FULL equipment. Helmet's must be worn at bench area and penalty boxes.
- 12 - All gates and doors must be closed before *any* hockey activities can begin. The entrance gate must be totally closed and the bench/penalty box and score room doors must be shut. Any damage occurring to the facility or any injury to any persons as a result of not closing any door/gate will result in personal liability for the person and/or team that created the injury/dangerous situation.
- 13 - It is the players/coaches responsibility to check the bench area following their game for water and debris. Please clean-up any mess. This includes water/liquids which may damage the skating surface. Players (including goalies) and coaches are NOT permitted to have water bottles or any other liquid containers on the skating surface. Items such as these must be kept confined to the bench area. If you bring any liquids to the bench area please dispose of them after your event in the receptacles in the snack bar. Violations will result in suspensions or fines.
- 14 - For a variety of reasons, while waiting for your game please do not swing your stick or play with a puck on the off rink (carpeted) area.

HOCKEY WAIVER & ACKNOWLEDGMENT

Please Print:

Participants Name: _____ EMAIL: _____

Date of Birth: _____ Cell Tel #: _____ Emergency #: _____

Street Address: _____ City: _____ State: _____ Zip: _____

Medical : It is the responsibility of the undersigned to insure that the above named person is medically fit to participate in strenuous on-rink or off-rink activities. As stated below, participation in roller hockey activities presents an inherent risk of injury to person or property. The undersigned certifies that the above named participant has no known conditions that prohibit or limit participation in any hockey/skating activities held at Hot Skates. If in the future such a condition exists the undersigned must prohibit the above named participant from any hockey/skating activities held at Hot Skates. Additionally, the undersigned must have primary medical insurance in place for the participant to cover any expenses related to any potential injury that may arise from their participation in any activity on premises. We do not cover medical claims.

Equipment & Skates: Participants must wear the following **MANDATORY** safety equipment at all times: Shin, Elbow, & Hockey Pants / Regulation Hockey Gloves (palms & fingers not exposed) / Helmet with Full Face Guards (no half shields or any Mylec helmets) / Athletic Cup (males), Shoulder Pads and a Mouthpiece. Throat protection and protective Hip/Girdle pads are **strongly recommended**. Eye glasses must have plastic lenses. Only HECC certified equipment will be permitted. Goalies must wear Full goalie equipment, including throat protection. **The undersigned must take full responsibility that the above named participant is wearing the aforementioned mandatory safety equipment at all times on the premises and that it is put on correctly.** In-line and Quad roller skates are permitted. All Skates must be rink-safe, meaning that their use must not gash, indent or blemish the skating surface or any other surface and unable to cause injury to property or person(s). All liabilities thereof are undertaken by the undersigned. Participants should use the softest wheel composition available, suitable for a maple wood floor, to achieve the best possible grip on the skating surface.

Conduct: Spectators (patrons on premises as a result of your involvement in the activity) as well as participants must behave in a respectful manner to both person and property. Behavior which could potentially lead to bodily injury or injury to property will not be tolerated. Expressions of ethnic, religious or racial bias will not be tolerated. The undersigned acknowledges that they have read and fully understand the information contained in the 'Facility Rules and Conduct' information sheet. Furthermore, they agree that they will be responsible in abiding by those rules and informing their spectators of the policies.

Indemnification and Risk Acknowledgment: In consideration of being allowed to participate now or in the future, in any manner in PREMIER ROLLER HOCKEY at HOT SKATES athletic sports programs, related events and activities, the undersigned acknowledges, appreciates and agrees that:

1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and,
2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and
3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and,
4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Hot Skates Roller Hockey, Inc., Leisure Time Sports, Inc., South Shore Skating, Inc., their officers, officials, agents, and/or employees, other participants, sponsoring agencies, sponsors and advertisers ("RELEASEES"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.

I HAVE READ THIS ASSUMPTION OF RISK AGREEMENT, ACKNOWLEDGMENT AND RESPONSIBILITIES, FULLY UNDERSTAND IT'S TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participant's Signature: _____ Date Signed: _____

**FOR PARTICIPANTS OF MINORITY AGE
(Under age 18 at the time of registration)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

Parent/Guardian Signature: _____ Date Signed: _____

LEAGUE REGISTRATION FORM FOR AN INDIVIDUAL

SEASON: FALL WINTER SPRING SUMMER
CIRCLE ONE

Please Print:

Participants Name: _____

Date of Birth: _____ Home Tel #: _____ Emergency #: _____

Street Address: _____ City: _____ State: _____ Zip: _____

Participant's E-Mail Address: _____

Position Played: _____ Place on Team with (if possible) _____

AGE DIVISIONS

Adult (17yrs & older)

REFUND POLICY: (pertaining to individual registrants)

- If a refund request is made prior to the registration deadline it will be honored by either a monetary refund or league credit.
- Once the registration deadline has passed there will be no monetary refunds under any circumstance.
- If a refund is requested between the registration deadline and the division's first game a league credit will be issued, less a \$25 processing fee.
- Once the division's first game has commenced there will be no full or partial refunds/credits granted.

PHOTO RELEASE:

- The participant, along with the undersigned, acknowledges that while at the Hot Skates location, their photograph may be taken by the operators of Premier Roller Hockey at Hot Skates or an agent or representative of the operators. The undersigned grants the operators permission to use any such photograph for use in materials promoting the league. Such uses may include, but are not limited to publication in brochures, general

MY REGISTRATION FORM AND PAYMENT SIGNIFIES MY ACCEPTANCE OF THE REFUND POLICY, PHOTO RELEASE AND ALL OTHER PREMIER ROLLER HOCKEY at HOT SKATES POLICIES AND PROCEDURES.

ALL REGISTRATION FORMS MUST BE SIGNED BY AN ADULT TO BE ACCEPTED!

Participants Signature: _____ Date Signed: _____

**FOR PARTICIPANTS OF MINORITY AGE
(Under age 18 at the time of registration)**

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to the terms and policies listed above.

Parent/Guardian Signature: _____ Date Signed: _____

FULL PAYMENT MUST ACCOMPANY THIS FORM!

Make checks payable to 'PREMIER ROLLER HOCKEY AT HOT SKATES'

Method of Payment:

OFFICE USE ONLY

CHECK

Payment Amount: \$

Date Received: _____

CASH

LEAGUE CREDIT

Receipt #: _____

Accepted by: _____

PREMIER ROLLER HOCKEY at HOT SKATES
INDIVIDUAL REGISTRANT

PLAYER SELF-EVALUATION FORM
or minor child's parent evaluation

All individual registrants in the league must be placed on a team. In order to help that process we must have some information concerning each players experience in hockey, position *preference* and evaluation of ability.

Though there may be an actual evaluation session conducted by the league which may contribute to our final decision in placing a player on a specific team, we will use this form as a starting point in making that decision. Please be accurate in answering the questions contained on this form. When answering the skills evaluation part of this form please judge skills based on other players in the same age division.

Please Print:

Participants Name: _____ **Today's Date:** _____

Division: _____

Player's Date of Birth: _____

1. EXPERIENCE

Yrs. Playing Hockey: _____

Organized Hockey? _____

Yrs. Inline/Roller Skating: _____

2. SELF-EVALUATION OF GENERAL ROLLER HOCKEY SKILLS

(Please check one)

___ Elite (highly skilled, worthy of travel/tournament teams)

___ Competitive (very good skills)

___ Solid Player (a recreational player who is becoming more competitive)

___ Novice (a recreational player who is learning skills)

3. POSITION PREFERENCE (please check one)

___ Winger (part of attack line - good team player w/offensive skills)

___ Center (leader of attack line - controls puck)

___ Defensemen

___ Utility Player (Novice player who is unsure where their skills lie)

___ Goalie (must supply own equipment)

The League will place a player who is registering as an individual on a team. More often than not that team will be a league formed team (rather than ones which register as a team) Teams that are formed by the league inherently may be less competitive.